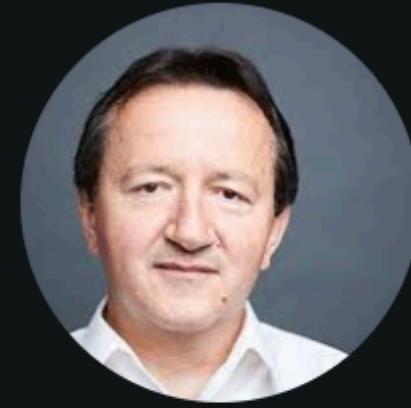


# CONNECT2025



**Prof. Michael Kjaer, PhD**

Professor in Sports Medicine, Faculty of Health & Medical Sciences  
University of Copenhagen, Denmark Head & Consultant, Institute of  
Sports Medicine Dept of Orthopedic Surgery  
Connect2025



**Prof. Dr. Adamantios Arampatzis**

Department of Training and Movement Sciences,  
interaction of the neural and musculoskeletal system  
Humboldt University of Berlin  
CONNECT2025



**Prof. Irene Davis, PhD,  
PT, FAPTA, FACSM, FASB**

University of South Florida  
founding Director of the Spaulding National Running Center at the  
Harvard Medical School



**CONNECT2025  
Congress President**

**Prof. Dr. biol. hum. Robert  
Schleip**

Faszienforschung TUM School of Medicine  
and Health Technische Universität München



**Prof. Dr. Andreas Konrad Professor**

Professor, Institute of Human Movement Science, Sport and Health  
University of Graz, Austria  
CONNECT2025



**Dr. Katja Bartsch**

Dr. Katja Bartsch Sports Scientist, Technical University Munich  
CONNECT2025



**Prof. Daniel Lieberman, PhD**

Harvard University, Department of Human Evolutionary Biology  
CONNECT2025  
Thema: tba



**Prof. Dr. Dr. Jan Wilke**

Department of Neuromotor Skills and Movement,  
Institute of Sports Science, University of Bayreuth  
CONNECT2025



**Prof. Sergio T. Fonseca, PhD**

Professor at Federal University of Minas, Gerais, Brasil  
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**Prof. Dr. Kirsten Legerlotz**

Humboldt University of Berlin  
CONNECT2025

# CONNECT2025

# Friday 14th March

Language / Room

**TAG 1**

**ROOM 1 & 2**

**TIME**



**TOPIC**

TIME	TAG 1	TOPIC
8:00 - 9:00	REGISTRATION	COFFEE* & Breakfast *at costs
9:00 - 09:30	NSCA / CONNECT OPENING	OPENING Prof. Dr. med.Horstmann Prof. Dr. Stephan Geisler
09:30 - 10:00	OPENING NSCA & CONNECT	Boyd Epley & Ian Jeffreys „Bridging the Gap“
10:00 - 10:45	OPENING SESSION CONNECT & NSCA	Irene Davis, PhD. TBA
11:00 - 11:45	Dr. Katja Bartsch, Anna Gabriel, M.Sc.	TBA
12:00 - 13:00	NSCA & CONNECT 1. Prof. Dr. Adamantios Arampatis 2. Prof. Michael Kjaer, PhD	TBA
13:00- 14:00	BRAEK	Visite exhibitors Programm an den Ständen
14:00- 14:45	Prof. Dr. Dr. Andreas Konrad, Prof. Dr. Jan Wilke	TBA
15:00- 16:30	Prof. Dr. Dr. Andreas Konrad, Prof. Dr. Jan Wilke	TBA
17:00-17:45	CONNECT PANEL	CLINICAL PANEL Prof. Dr. Jan Wilke Klaus Eder

# CONNECT2025

# Saturday 15th March

## TAG 2



## ROOM 2

### TIME

9:00 - 9:45

Prof. Dr. Kirsten Legerlotz

The effects of female hormones on musculoskeletal adaptation and injury risk

10:00 - 10:45

Short Presentations

TBA

11:00 - 11:45

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12:00 - 13:00

Poster Session

TBA

13:00 - 14:00

Visite exhibitors  
Programm an den Ständen

TESTING SPEED @TRACK

14:00 - 14:45

Daniel Lieberman, PhD

TBA

15:00 - 15:45

Dr. med. Werner Klingler  
Scott Wearing, PhD

TBA

16:00 - 17:00

Dr. med. Werner Klingler  
Scott Wearing, PhD

TBA

17:00 - 17:15

BREAK

BRAEK

17:15 - 17:45

Prof. Dr. Robert Schleip

Connect Verabschiedung

18:00

Sponsored by MYOACT

# CONNECT2025

## Sunday 16th March

**TAG 3**

**Paid**

**ROOM 6**

**Paid**

**Zeit**

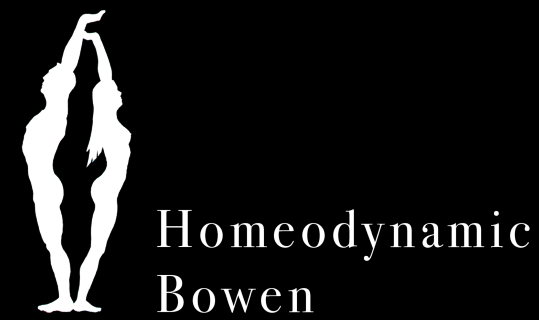
**CONNECT Workshop**

**CONNECT TOPIC**

<b>8:00 - 9:00</b>	<b>CONNECT 9-16</b>	<b>Anna Maria Vitali und Caterina Fede, PhD</b> <b>Emotions in motion - What could be the role of the superficial fascia in the genesis and management of the emotions linked to physical and sports activity?</b>
<b>9:00 - 9:50</b>	<b>CONNECT 9-12 h</b>	<b>Prof. Sérgio Fonseca, Phd</b> <b>Ankle Joint Instability: A Global muscular, connective net, skeletal system Approach</b>
<b>10:00 -10:50</b>	<b>CONNECT 9-12 h</b>	<b>Sue Falsone, PT, DPT, MS; SCS, ATC, CSCS, COMT</b> <b>Managing Back Pain Using Exercise and Manual Therapy Techniques</b>
<b>11:00 - 11:50</b>	<b>CONNECT 9-12 h</b>	<b>Robbert van Amstel, M.Sc.</b> <b>Fascia Tissue Manipulations for Enhancing Lumbopelvic-Hip Function in Sport Rehabilitation Using the 4xT Method®</b>
<b>12:00-13:00</b>		
<b>13:00 -13:45</b>	<b>CONNECT 13-16h</b>	<b>Dr. Katja Bartsch</b> <b>Female Hormones and Connective Tissue Health: Research Insights and Practical Strategies</b>
<b>14:00- 14:45</b>	<b>CONNECT 13-16h</b>	<b>Andreas Brandl, PhD</b> <b>Quantifying fascia properties with smart devices: Assessment and monitoring in sports medicine, exercise science, and training planning</b>
<b>15:00- 15:45</b>	<b>CONNECT 13-16 h</b>	<b>Dr. Philipp Eckardt, MD (DEUTSCH)</b> <b>Neurofunctional Assessment and Treatment of the Myofascial System</b>

THANK YOU

THANK YOU FOR THE SUPPORT



MOZAIQ SPORTS

