

# Internship Guidelines

## B.Sc. Sport Science (Sportwissenschaft)

### 1. Legal Basis

According to § 37a of the FSPO (Fachprüfungs- und Studienordnung; Specialist field of testing and Study regulations), an internship is to be carried out according to § 6, para. 7 of the APSO (Allgemeine Prüfungs- und Studienordnung; General Testing and Study regulations). The duration of this internship is 20 weeks (30 credits). The accompanied module for the internship must be completed by the end of the sixth semester. The internship can first begin after a minimum of 60 credits have been achieved.

### 2. Objective

The internship is intended in order to provide students with an insight into the concrete everyday occupation in Sport sciences over a longer period of time as well as to serve as an aid in the selection of elective modules and further qualified master's courses of study. Knowledge already obtained in the course of studies should thereby be transferred to, applied in and expanded upon in the occupational, sport-scientific field.

In the internship, the student should:

- Obtain an insight regarding the contents and working conditions in the field of activity as well as to come to terms with the typical qualification demands
- Evaluate the personal prerequisites and capabilities in everyday professional life
- Reflect upon experiences within the background of the field of tension between practice and science
- Critically display the knowledge collected and subsequently take into consideration the selection of elective modules and further qualified master's courses of study

### 3. Contents

#### Courses

An introductory, informative presentation in the third semester mediates relevant aspects of the organization and performance as well as for the orientation and application phase. In a further specialist presentation, insight is provided for various occupational fields as well as for special demands and qualification requirements of the field of activity.

An intensified examination of the contents of the course of study along with the practical phase and a reflection in regard to these contents is carried out through practice-oriented seminars during the fourth semester. An interactive poster presentation is to be carried out as an examination following the completion of the internship.

#### Training

The performance of the training can be carried out in varying forms:

- Through the assistance of individuals who are professionally active and by taking over the performance of specific occupational activities (practical assistance), skills and methods should be obtained and/or broadened in the chosen focus of practical training,
- projects should be developed and/or optimized, implemented in practice and evaluated (planned practice),

- research of simple sport-scientific questions directly using scientific methods (investigative/research practice) and/or,
- structuring, preparation and presentation of courses and processes in sports (documentary/presenting practice).

#### **4. Application and approval**

An application for the main internship must be made by submitting the application form obtained from the subject advisory office if possible by January 15. Here, it must be indicated in which field of training the internship can be classified. Based upon this information, you will be assigned to a seminary accompanying your internship. Enrollment to the seminary is binding; the internship can first begin following the formal approval and enrollment. All further partial internships must also be approved previously by the subject advisory office.

#### **5. Duration and extent**

The practical semester is an integral component of the course of studies. Accordingly, the internship is to be carried out full-time during the fourth semester. It can be performed at a training site in a block of twenty weeks or in a number of portions at institutions which are independent of one another. Hereby, the duration of each individual portion must be at least six weeks long.

A week is defined as five work days of each seven to eight hours (35-40 hours/week). Part-time activities will not be accepted. The practical semester may also be carried out together with a stay abroad (foreign internship). In the event of illness, a copy of the doctor's confirmation must be submitted without delay to the subject advisory office and the training workplace must be informed immediately. If the duration of the sickness is exceeding 20% of the total internship duration, the days of sickness must be made up until 80% of the total internship duration is fulfilled (e.g. maximal 2 weeks absence if the internship's duration equals 10 weeks).

#### **6. Insurance protection**

There is no personal liability insurance or national accident insurance. Consequently, it is advised that nothing be performed which might involve liability claims.

#### **7. Recognition of the internship**

Successful participation will be recognized through a form from the institution and authorities.

This recognition must be submitted to the student advisory service, at the latest by the end of the sixth semester. Additionally, an interactive poster presentation (student performance) dealing with the internship is mandatory. Credits can first be awarded after the recognition of the internship.