

## Information letter on occupational health care at the Department of Sport and Health Science

This announcement is very important, so please, read carefully and get in touch with us whenever something remains unclear.

Following TUM occupational health care guidelines, we have to inform you about potential risks by working with biological samples, such as human blood or saliva. This includes a check for your hepatitis vaccination status. As a sport or health scientist you are always in contact with humans, especially if you are doing performance testing. Thus, the risk of an infection is always present, not exclusively at your work at the TUM. Therefore, we strongly recommend the hepatitis B vaccination when you want to work with potentially infectious material such as blood samples, also in your private and professional life outside TUM.

If you do not have a valid hepatitis vaccination status and you wish to be vaccinated, please ensure that you have to organize the vaccination by yourself BEFORE. Furthermore, if you do not know, whether your vaccination status is still valid, and you wish to be on the safe side, please get your titer checked and get a booster vaccination if necessary. Please, talk to your family physician in both cases, initial or booster vaccination.

What are the next steps? - We offer you the mandatory information as an online video, which you have to watch first. You find it on our Moodle page "Sicherheitsschulungen SG TUM" in the chapter "Hepatitis Information". Use the following link to get access:

<https://www.moodle.tum.de/course/view.php?id=90859>

If you have finished, please fill the health quest and make a digital copy of your vaccination certificate. Send both files by mail to the occupational physician ([betriebsarzt-muenchen@tum.de](mailto:betriebsarzt-muenchen@tum.de)) and ask Dr. Andrea Dietlmeier for an individual appointment, if necessary. The costs for this visit will be covered by TUM, but not the vaccination or titer check.

The vaccination is 100% voluntary, but you need to provide a written informed consent at the individual appointment if you do not agree with vaccination. Furthermore, the vaccination is **not obligatory to participate in the course or to pass the exam**. But everyone, who wants to actively sample or work (post-process) biological material needs to undergo this procedure.

Kind regards,

Martin Schönfelder (safety officer)