### Scientific Committee

**Prof. Dr. Thomas Horstmann** 

Prof. Dr. Jürgen Steinacker

Prof. Dr. Werner Klingler

Dr. Robert Schleip

**Prof. Scott Wearing** 

Prof. Carla Stecco

**Prof. Constantinos Maganaris** 

**Prof. Paul Hodges** 

**Prof. Adamantios Arampatzis** 

Ass. Prof. Mette Hansen

# Congress Language

Congress Language English

Mit deutschsprachiger Simultanübersetzung

Headsets werden vom Veranstalter gestellt.

# Call for Abstracts

www.connect2021.com

Deadline for Abstract submission: 15th October 2020.

# Congress Location

Audimax of the TUM

Arcisstr. 21, 80333 D-Munich



# Congress & Workshop Fee

#### **Scientific Conference**

 Early Bird
 From 1st Dec 2020

 Clinicans (2 days)
 EUR 390,00
 EUR 440,00

 Clinicans (1 days)
 EUR 300,00
 EUR 300,00

 Students (2 days)
 EUR 90,00
 EUR 90,00

#### Workshops\*

 Early Bird
 From 1st Dec 2020

 Full day
 EUR 130,00
 EUR 180,00

 Half day
 EUR 75,00
 EUR 110,00

- \* Pre-conference Workshop March 25, 2021
- \* Post-conference Workshop March 28, 2021
- \* Can only be booked in combination with congress ticket

# Organization Committee

Torsten Pohl

Elke Leder

Cosmina Krieger

Email info@connect2021.com

# Organizers

Conservative and Rehabilitative Orthopedics Technical University of Munich Medical Park Bad Wiessee St. Hubertus **Prof. Dr. med. Thomas Horstmann** 

Fascia Research Project, Munich **Dr. Robert Schleip** 

Section Sport- and Rehabilitative Medicine
University Hospital Ulm
Prof. Dr. med. Dr. h.c. Jürgen M. Steinacker







Fakultät für Sport- und Gesundheitswissenschaften

# CONNECT 2021

# CONNECTIVE TISSUES IN SPORTS MEDICINE

3rd International Congress March 26-27, 2021

Technische Universität München Munich, Germany www.connect2021.com



#### Dear friends and colleagues,

It is a pleasure to welcome you in March 2021 at the Technical University of Munich for the third CONNECT congress, after two successful congresses at the University of Ulm.

Physical training not only strengthens the cardiovascular system, but also the musculoskeletal system. While skeletal muscles are intimately related to connective tissues, it is the fibrous connective tissue components, which often suffer pathology from athletic overload. Across many biological fields, including sports medicine, new research is highlighting the important role connective tissues plays in health, well-being and disease.

The 3rd CONNECT Congress at TUM, draws research across a number of biological fields to focus on "Connective Tissues in Sports Medicine". It explores emerging research on the role of fascia from a clinical. molecular and biomechanical standpoint, to strengthen the exchange and dialogue between all research fields.

The organizing committee managed to bring together an outstanding international list of some of the biggest experts in the exploration of the connective tissue as keynote speaker.

The Congress aims to CONNECT scientists, sports medicine practitioners, physicians, therapists, coaches and sports administrators, to translate the latest scientific results findings into athletic and therapeutic practice.

With collegial greetings

Dr. med. Thomas Horstmann

Dr. Robert Schleip

# Key Note Speaker



**Prof. Adamantios Arampatzis | DEU** Prof. Arampatzis' research is focused on the adaptation of muscle-tendonunits, neuromuscular control, movement efficiency and dynamic stability control.

#### Prof. Keith Baar | USA

Prof. Baar is a researcher in the field of molecular determinants of musculoskeletal development and the role of exercise in improving health and performance.



### Prof. Irene Davis | USA

Prof. Davis studies the relationship between lower extremity structure, mechanics and musculoskeletal injury with special focus on interventions to mitigate contributing facors to injury.



Prof. Fischer is a zoologist, evolutionary biologist and focuses on movement research. He is one of the founder of X-ray fluoroscopy.



# Ass. Prof. Mette Hansen | DNK

Prof. Hansen's research is focused on the interplay between sex hormones, nutrition and physical activity/training on skeletal muscle and performance.

Prof. Paul Hodges | AUS

Prof. Hodges researches on movement control, pain and rehabilitation with an approach from molecular biology to brain physiology.



## **Prof. Thomas Horstmann | DEU**

Prof. Horstmann is a specialist for orthopedics, traumatology and sports medicine and focuses his research on diagnostics and therapy.



Prof. Kjærs researches on the influence of mechanical loading or lack thereof upon the tendon tissue.



# Prof. Constantinos Maganaris | GBR

Prof. Maganaris' research interest lies on the mechanical properties of muscles and tendons and the way they interact to produce forces and movement.



Carles Pedret MD is a specialist in sports medicine and musculoskeletal ultrasound and external consultant of multiple professional football clubs.



#### Dr. Robert Schleip | DEU

Dr. Schleip is a researcher in the field of connective tissues and the fascial network of the human body.



# Prof. Olivier Seynnes | NOR

Prof. Seynnes is a researcher in the field of musculotendinous function and adaptations to exercise, disuse and ageing.



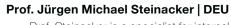
### Prof. Carla Stecco | ITA

Prof. Stecco focuses her studies on the anatomy of the human fasciae from macroscopical, histological and physiopathological point of view.



Prof. Steinacker is a specialist for internal with scientific focus on on inflammation syndromes, muscle adaptation and performance.





sports medicine and sports cardiology