

## Submission checklist

### Formal aspects

		Yes	No
Template, layout and structure	Did you use the provided template?	<input type="checkbox"/>	<input type="checkbox"/>
	Does the thesis follow the recommended layout?	<input type="checkbox"/>	<input type="checkbox"/>
	Did you check that the layout is clean and consistent throughout the thesis?	<input type="checkbox"/>	<input type="checkbox"/>
	Did you structure the thesis using the required paragraphs (Introduction, Methods, Results, Discussion) and <i>meaningful</i> subparagraphs?	<input type="checkbox"/>	<input type="checkbox"/>
Length	Is the thesis between 6.000 and 7.000 words?	<input type="checkbox"/>	<input type="checkbox"/>
Tables and Figures	Did you include 5-6 tables or figures?	<input type="checkbox"/>	<input type="checkbox"/>
	Did you embed all figures/tables in text and did you reference them all in text?	<input type="checkbox"/>	<input type="checkbox"/>
	Are all figures/tables numbered and do they have legends (below figures) and headings (above tables)?	<input type="checkbox"/>	<input type="checkbox"/>
	Did you ensure headings/legends are not separated from the corresponding tables/figures when formatting?	<input type="checkbox"/>	<input type="checkbox"/>
References	Did you apply a consistent and correct reference citation system in the text and in the reference list?	<input type="checkbox"/>	<input type="checkbox"/>

### Main text body

Abstract	Is your abstract a concise and informative summary of the <i>most important</i> aspects of your work?	<input type="checkbox"/>	<input type="checkbox"/>
Introduction	Is your introduction structured as (1) compelling problem statement and public health relevance, (2) available evidence on the topic and literature gaps, (3) motivation for the study, research question, (hypotheses) and mechanisms and research aims.	<input type="checkbox"/>	<input type="checkbox"/>
Methods	Is your methods section structured in meaningful subparagraphs that help comprehension?	<input type="checkbox"/>	<input type="checkbox"/>
	Are all relevant details described such that a replication of the study is possible? For empirical studies: data source and analysis steps For reviews: details related to search strategy, study selection, data extraction and synthesis.	<input type="checkbox"/>	<input type="checkbox"/>
	Did you cite the protocol for the study?	<input type="checkbox"/>	<input type="checkbox"/>
Results	Is your results section structured in meaningful subparagraphs that help comprehension, ideally mirroring the structure of the methods section?	<input type="checkbox"/>	<input type="checkbox"/>
	For empirical studies: Did you present one main analysis and all other analyses as sensitivity analyses / secondary analyses / subgroup analyses / robustness checks?	<input type="checkbox"/>	<input type="checkbox"/>
	Did you check that all reported steps / tests / analyses described in the results section were correctly and consequently introduced in the methods section? (i.e. no unannounced new analyses / tests should pop up in the results section)	<input type="checkbox"/>	<input type="checkbox"/>
Discussion	Is your discussion structured as follows: (1) overall / critical summary of your results from the main analysis and meaningful secondary analyses (2) interpretation of results and comparison with previous literature, including reasons for potential deviations and alternative explanations (3) strengths and limitations of your study, including a comment on validity and generalizability of results (4) implications for further research, policy and practice (5) conclusions	<input type="checkbox"/>	<input type="checkbox"/>
	Did you include a meaningful and concise conclusion that answers your research question?	<input type="checkbox"/>	<input type="checkbox"/>

**Appendix/Supplementary Material**

Did you include ALL specified documents in the appendix? (Different depending on the type of study, please refer to the guidelines)

☐ ☐

Did you reference all appendices in text in the correct order in your main text?

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