#### TUM Master of Health Science - Prevention and Health Promotion (M.Sc.) Course Nr.: 8100430000; TUM online description: <u>https://campus.tum.de/tumonline/wbLv.wbShowLVDetail?pStpSpNr=950700241</u>

## **PHP Seminar**

Public Health and Socio-economic Aspects in the Prevention of Non-communicable Diseases (NCDs)

#### Overview

In this course, students learn about:

- The different dimensions of the burden of noncommunicable diseases (NCDs)
- Various determinants of NCDs and how they are interlinked with socioeconomic factors
- NCD prevention concepts and their theoretical rationales
- Effectiveness and cost-effectiveness considerations in NCD prevention

## Offered By

 TUM Professorship of Public Health & Prevention (Prof. Dr. Michael Laxy)

#### Lecturers

- Prof. Dr. Michael Laxy
- Karl Emmert-Fees

### **Cooperation Partners**

None

## **Contact Person**

Karl Emmert-Fees





# **PHP Seminar**



Public Health and Socio-economic Aspects in the Prevention of Non-communicable Diseases (NCDs)

## **Learning Objectives**

- Understand the complex societal burden of NCDs in different countries and contexts
- Understand determinants of NCDs and how they are interlinked, focusing especially on socioeconomic factors
- Understand the consequences of NCDs and their relation to lifestyle factors
- Understand and discuss the extent of socioeconomic inequalities in health and potential underlying mechanisms
- Understand and discuss theoretical justifications for tackling health inequalities

## Learning Objectives (c'td)

- Understand theories of health behavior and behavioral economic concepts
- Understand and discuss concepts of NCD prevention, contrasting individual- and population-level approaches
- Learn about the effectiveness, costeffectiveness and population impact of NCD prevention approaches
- Understand theoretical rationales for NCD prevention

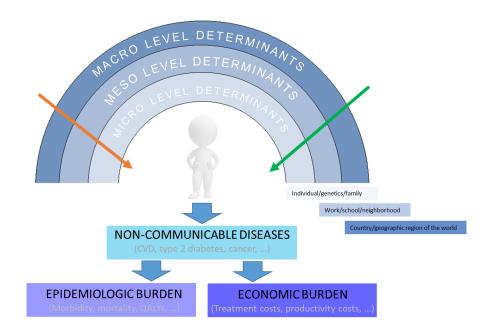
# **PHP Seminar**



Public Health and Socio-economic Aspects in the Prevention of Non-communicable Diseases (NCDs)

### Structure

- 9 seminar sessions with interactive lectures, in-class and paper discussions
- 1 case study lecture in which a topic of the seminar is discussed in detail based on one or several papers
- Group presentations in which students apply what they have learned to a specific NCD or risk factor
- Individual essay in which students introduce, justify, present and discuss why a specific NCD or risk factor is important and how it should be addressed by prevention efforts



# **PHP Seminar**



Public Health and Socio-economic Aspects in the Prevention of Non-communicable Diseases (NCDs)

#### **Pre-requisites**

 Basic knowledge of general epidemiology and public health concepts.

### ECTS & SWS

• 4 ECTS & 3 SWS

### Course Language

English

### **Examination Format**

- Group presentations with individually graded contributions (40%)
- Individual essay with max. 2000 words (60%)

#### **Position in the Program**

- Elective area "Complementary Subjects"
- 1<sup>st</sup> or 3<sup>rd</sup> semester, winter term